2017

The Life Coach Dr. Marlene Shiple, Ph.D.



YOUR 2017 WEEKLY PLANNER

The Life Coach Dr. (602) 266 – 6662 http://thelifecoachdr.com

2017 Weekly Planner

Created By Dr. Marlene Shiple, The Life Coach Dr.

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The aim of this Weekly Planner is to help you plan out what you need to do for your business on a weekly basis.

I urge you to print it out and use it – build up a picture of how much you are working on the business of living your life. Remember: Life is about learning. The process of living is a learning process!

Note each week the successes you have created. Also, note the areas of future success you desire ... and how you propose to create it. For the purposes of this 2017 Weekly Planner, kindly keep in mind the motto:

There is no failure only feedback.

week number 1
Thought for this week:
The secret of success is to be ready when your opportunity comes.
Benjamin Disraeli
Comment:
You have to always be ready to see opportunities where others see problems or challenges – in other words, it is important to see that their problem is your opportunity! From now on, actively look for opportunities every minute of the day. Once your mind is attuned to doing so, you will be amazed at what you begin to see occur.
To do this week:
What I have learned about myself/my business-of-living this week:

Week Number 2

Thought for this week:
Success is a journey, not a destination.
Ben Sweetland
Comment:
Many times, reaching the goal is not the most important thing. Rather, the most
important thing is what you learn along the way. Therefore, I encourage you to do your best to learn from everything you do while on the road to achieving your goal
your best to learn from everything you do write on the road to achieving your goal
To do this week:
What I have learned about myself/my business-of-living this week:

Week Number 3

Thought for this week	Thou	uaht	for	this	wee	k:
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You may be disappointed if you fail, but you are doomed if you don't try. Beverly Sills

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Imagine never doing anything in life – you would never fail. However, what type of life would that be? The people who don't do are living less of a life. By taking action, you may be upset if things don't work out, but you have information information that you can use as feedback. You get information that can show you other roads to take - the ones that lead to success ... for you!

do this	week:			
hat I ha	ve learned about	myself/my l	ousiness-of-li	ving this week:

Thought for this week:

A Native American grandfather was talking to his grandson about how he felt. He said, 'I feel as if I have two wolves fighting in my heart. One wolf is the vengeful, violent one. The other wolf is the loving compassionate one.' The grandson asked him, 'Which wolf will win the fight in your heart?' The grandfather answered, 'The one I feed.'

Blackhawk

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Whatever you focus on, you create more of. Therefore, if you focus on the negative, you will generate more negative thoughts and energy. Experiment for this week: Focus on the good and look how your life changes.

To do this week:
What I have learned about myself/my business-of-living this week:

Week Number 5

Thought for this week:

Optimists are right. So are pessimists. It's up to you to choose which you will be.

Harvey Mackay
Comment:
Is the glass half empty or half full? It depends on which way your mind sees it. So, what do you think would happen were you to always look at things in the positive rather than the negative? Why lean towards the negative when you can be positive?
Γο do this week:
What I have learned about myself/my business-of-living this week:
Week Number 6
Thought for this week:

The key to happiness is having dreams; the key to success is making them come
true.

James Allen

Comment:

We all have dreams. We all want happiness. However, very few people actually make their dreams a reality. Don't live a life of regret, decide to take action **today**. Today, decide you are going to create a better life for yourself and those you love!

o do this week:
hat I have learned about myself/my business-of-living this week:

Week Number 7

Thought for this week:

The men who try to do something and fail are infinitely better than those who try nothing and succeed.

	L. Jones
Comment:	
This quote echoes the earlier quote. It's important to remember that do something rather than to do nothing. Doing nothing is might be the easy way out and much less gratifying!	
To do this week:	
What I have learned about myself/my business-of-living the	is week:
Week Number 8	
Thought for this week:	
Effort only fully releases its reward after a person refuses to quit.	
	Napoleon Hill

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How close are you to success? Sometimes, it is just round the corner. When you quit too quickly, you never get the chance to find out. You **only** fail once you quit. If you are doing something and getting the same results – results you are unhappy with – the solution is to change what you are doing! You might choose to have the same goal, but try a different path to reach it ... until you get the results you want.

To do this week:	
What I have learned about myself/my business-of-livi	ng this week:
Week Number 9	
Thought for this week:	
Clear your mind of can't.	
	Samuel Johnson

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Oh that 4 letter word ... "can't". I hear it so often. I ask, "Have you acted? Have you done something?" Many people don't try and simply say they can't do it ... without ever giving it a chance. Experiment for this week: Stop saying "can't" and begin to do ... until you find what WORKS!

segni to do diftii you find what works.
Γο do this week:
What I have learned about myself/my business-of-living this week:
Week Number 10
Thought for this week:
Anything is possible to overcome if you learn from your failures and believe in yourself.
Carson Nemoto

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UU			C		L.	

Remember our motto: There is no such thing as a failure, there is simply feedback. Learn from each and every thing that you do. Only by gaining feedback, can you grow and become a more successful and wiser person.

To do this week:	
What I have learned about myself/my business-of-living	this week:
Week Number 11	
Thought for this week:	
You were born to win, but to be a winner, you must plan to win, and expect to win.	prepare to win,
	Zig Ziglar

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You know you have to believe in yourself. If you don't believe in yourself, no one else will. You can succeed. And, in order to succeed, you need to believe in yourself. Be ready to win, take the actions needed to the win, expect to win, and you will!

To do this week:	
What I have learned about myself/my business-of-living	this week:
Week Number 12	
Thought for this week:	
The path to success is to take massive, determined action.	
	Anthony Robbins

Too many people say they will do something — start a business, get fit, etc., but, then, they do nothing about it. In order for anything to occur, you have to take action. Sitting in front of your computer and reading e-books or listening to audios will do **nothing** ... unless you take action. Experiment by completing the First Course of Action — namely, write out what you are going to do this week:

To do this week:
What I have learned about myself/my business-of-living this week:
Week Number 13
Thought for this week:
When I was young I observed that nine out of ten things I did were failures, so I did ten times more work.
Bernard Shaw

The more you do something, the more likely you will be to succeed at it. If you give up after two attempts, how do you know that you would not have been successful on the 5th or 8th attempt? So, don't give up!

To do this week:
What I have learned about myself/my business-of-living this week:
Week Number 14
Thought for this week:
A man can succeed at almost anything for which he has unlimited enthusiasm.
Charles Schwab

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Bottomline, be passionate about what you do. Don't do something you hate or you'll be unhappy. Find out what you are passionate about and see if you can create a business around it. Keeping the passion alive, helps your business thrive.

To do this week:	
What I have learned about myself/my business-of-living	ı this week:
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Week Number 15	
Thought for this week:	
As long as you are going to be thinking anyway, think big.	
	Donald Trump

Comment:

Why think you can only achieve the minimum? Why not "go for more!" If you aim to walk for 15 minutes, you may end up walking those 15 minutes. If you set your

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sites on, say, walking 30 minutes, and can only walk 25 minutes, you've still walked 10 minutes more than you originally aimed for. So, always aim high!

To do this week:	
What I have learned about myself/my business-of-living	thic week:
what I have learned about mysen/my business-or-ming	tilis week.
Week Number 16	
Thought for this week:	
Failure is only the opportunity to begin again more intelligently.	
	Honny Ford
	Henry Ford

Comment:

I've mentioned failure a lot. Why? I've mentioned failure a lot because 95% of people fail and, then, give up. Instead, you can learn from your first results. Then,

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start again. Now that you know what you learned, use it, so as not to make the same mistakes again.

To do this week:
What I have learned about myself/my business-of-living this week:
what I have learned about mysen/my business-or-niving this week.
Week Number 17
Thought for this week:
For true success, ask yourself these four questions: Why? Why not? Why not me? Why not now?
, nec nem
Jimmy Dean

So, what are your answers? Go on make the excuses you want ... and, really, why not you? What's holding you back? If you need help, call me and I will do some coaching with you – designed to remove any blocks [(602) 266 – 6662].

To do this week:
What I have learned about myself/my business-of-living this week:
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Week Number 18
Thought for this week:
Success is living up to your potential. That's all. Wake up with a smile and go after life live it, enjoy it, taste it, smell it, feel it.
Joe Knapp

So many people don't live to their potential. Don't let this be you! To live you to **your** potential, follow these brief steps: Always be ready, be positive, be alive, act productively! People will notice – you'll stand out. Life is for living! It's like a movie and you're the scriptwriter, now write the script you want to live!

To do this week:
What I have learned about myself/my business-of-living this week:
Week Number 19
Thought for this week:
If you aren't making any mistakes, it's a sure sign you're playing it too safe.
John Maxwell

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esting idea isn't it, you need to take risks and learn. What would happen

Interesting idea isn't it, you need to take risks and learn. What would happen if you took a risk? Go ahead – do it! See what happens! (Note: Take calculated risks, risks that have a higher probability to lead to success.)

To do this week:	
What I have learned about myself/my business-of-living thi	is wook:
What I have learned about mysen/my business-or-namy an	S WCCV.
Week Number 20	
Thought for this week:	
Every achiever I have ever met says, "My life turned around when I believe in me."	began to
	Robert Schuller

Without believing in yourself, you will find it hard to achieve success. If you don't believe in what you are doing, it will be very difficult to convince others. You will believe in yourself when you are acting in ways that you fully believe in.

To do this week:	
What I have learned about myself/my business-of-living this w	veek:
<u> </u>	
Week Number 21	
Thought for this week:	
If you are going to be a success in life, it is up to you it is your response	nsibility.
	Will Horton

You have to take control of your life and be responsible for it. Too many people blame others for their not achieving success – thinking (erroneously) that, then, the failure is not their fault. Don't let this be you. It's now time to get wise and realise that **you** – and you alone – make your own future.

To do this week:	
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What I have learned about myself/my business-of-living this we	ek:
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Week Number 22	
Thought for this week:	
Never life in the past but always learn from it.	
	Unknown

Comment:

As a coach, I believe that the past is the past – there's nothing you can do about it. Sure you can think about it, you can get down about it, but that's not going to help

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your present and future. Here's what you CAN do: Learn from your past not to make the same mistakes

To do this week:	
What I have learned about myself/my business of living this y	ale
What I have learned about myself/my business-of-living this was a second control of the	veek:
We de Nevelan 22	
Week Number 23	
Thought for this week:	
The biggest temptation is to settle for too little.	
Tho	omas Merton

Comment:

Here is a good life practice: Never, ever, settle. Never — ever — settle for less than you are capable of. Believing that you will be disappointed if you aim high might

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make it easier to settle ... yet, it will NOT achieve beneficial results! To achieve success with beneficial results takes action ... and learning ... and repeated action!

To do this week:
What I have learned about myself/my business-of-living this week:
Week Number 24
Thought for this week:
What lies behind us and what lies before us are tiny matters compared to what lies within us.
Ralph Waldo Emerson

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We all have infinite power within us, however many people leave it untapped. Experiment: Begin to take action – then, watch the magic from within appear!

To do this week:
What I have learned about myself/my business-of-living this week:
Week Number 25
Thought for this week:
If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. if you don't step forward, you're always in the same place.
Nora Roberts

Think about the truth in this statement. Experiment: Make this a statement that you memorize and **take action upon** every day.

To do this week:
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What I have learned about myself/my business-of-living this week:
<u> </u>

Week Number 26
Thought for this week:
Empty pockets never held anyone back. Only empty heads and empty hearts can do that.
Norman Vincent Pea

Comment:

Most excuses, when examined will not hold up under scrutiny. Don't make excuses about why you can't achieve. Experiment: Take your excuses and knock them on the head ... then, go ahead and take action toward your desired achievement!

To do this week:	
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What I have learned about myself/my business-of-living this week	(:
Week Number 27	
Thought for this week:	
The critical ingredient is getting off your butt and doing something. It's as a sathat. A lot of people have ideas, but there are few who decide to do som about them now. Not tomorrow. Not next week. But today. The true entrep is a doer.	ething
Molan	Bushnell
INOIGN	busiliell

Comment:

Procrastination – the art of putting things off – kills many ideas. Certainly, many people do it. Why? Because, sometimes, we tell ourselves that we don't like doing

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things and it is easier to put them off. Of course, what really happens is that we eventually suffer. So, decide to do something today ... and do it!

To do this week:	
What I have learned about myself/my business-of-living this	week:
Week Number 28	
Thought for this week:	
Whatever you vividly imagine, ardently desire, sincerely believe, and enthusiastically act upon must inevitably come to pass!	
	Paul J. Mever

Comment:

Visualisation is very important. When you see the outcome/goal being reached – and see it clearly, this causes the event to be imprinted into your subconscious mind ... as an **accomplished** reality! Amazingly, once your subconscious mind acts on it, you then find ways to achieve the success you desire.

To do this week:	
What I have learned about myself/my business-of-living t	:his week:
Week Number 29	
Thought for this week:	
We do our best that we know how at the moment, and, if it doesn modify it.	n't turn out, we
Fra	anklin D Roosevelt

Comment:

Remember: If you do the same things the same way, you'll get the same results. If something is not working, examine why it is not working then make the appropriate changes. If those changes do not make a difference, examine why again, and, then, make more changes. Keep changing what you do until you get the result you desire.

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To do this week:
What I have learned about myself/my business-of-living this week:
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Week Number 30
Thought for this wook
Thought for this week: Obstacles are those frightful things you can see when you take your eyes off your
goal.
Henry Ford
Comment:
Experiment: Don't ever see anything as an obstacle; see it as a challenge. It's easier to find solutions to a challenge than to a problem or obstacle. Remember to keep focused on the goals that you have. This will assist you with any challenges that pop up along the way.
To do this week:

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What I have learned about myself/my business-of-living	a this week:
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Veek Number 31	
hought for this wook	
hought for this week: Tou measure the size of your accomplishments by the obstacles	s you had to
vercome to reach your goals.	,
В	ooker T Washingto
Comment:	

Following on from last weeks' thought, viewing roadblocks as challenges, rather than as obstacles, is useful in helping you to keep on keeping on. It also helps to understand that — whether you succeed in overcoming challenges or obstacles — the end result is worth it!

To do this week:

nought for this week: ou will never find time for anything. You must make it. Charles Buxt	© Marlene Shiple, Ph.D., THE LIFE COACH DR. 2017	
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ou have as much time as anyone else. What is important is how you choose to	eally have spare time. To have time to accomplish a goal, you have to set it a	asid
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o do this week:	se the time that you have!	
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What I have learned about myself/my business-of-living th	is week:
Week Number 33	
Thought for this week: Successful people are always looking for opportunities to help other	rs Unsuccessfi
people are always asking, "What's in it for me?"	s. Orisuccessii
	Brian Tra
Commonts	
Comment:	
By helping people when you can to achieve their goals, you, ultima yourself as well. By putting out the positive energy to assist others, motion the energy to create more positive outcomes outcomes share, too. Having a "What's in it for me?" attitude is very restricti serving. Experiment: Endeavor to be positive and to radiate positi	you set into in which you ve and self-
civing. Experiment. Endeavor to be positive and to radiate positi	٠,
To do this week:	Σ,

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What I have learned about myself/my business-of-living this v	veek:
Week Number 34	
Thought for this week:	
Motivation is what gets you started. Habit is what keeps you going.	
	Jim Ryı
Comment:	
It's important to find what motivates you. Is it intrinsic, i.e., from the in	others
knowing you are doing a good job; or extrinsic, <u>i.e.</u> , from the outside, of telling you that you are doing a good job. Use that answer to keep you smotivated! A habit forms after doing a task for around 28 days. Theref In habit of doing something positive each day to promote your busines	
telling you that you are doing a good job. Use that answer to keep you motivated! A habit forms after doing a task for around 28 days. Thereform habit of doing something positive each day to promote your busines	
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What I have learned about myself/my business-of-living this week:
Week Number 35
Thought for this week:
The man who will use his skill and constructive imagination to see how much he can give for a dollar, instead of how little he can give for a dollar, is bound to succeed.
Henry Ford
<u> </u>
Comment:
Endeavor to provide the best -possible value that you can. This is known as over-delivering. When you graciously give more to people than they expect, it promotes a positive environment of trust and confidence. This establishes a good interactive setting for productive, positive outcomes between you and others in your life.
To do this week:
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What I ha	ave learned about myself/my business-of-living this week:
Week Nu	mber 36
	for this week: ften comes to those who dare to act. It seldom goes to the timid, who
are afraid	of the consequences.
	Jawaharlal Neh
Commen	t:
consequer it easier fo	rtant to accept the risk of taking action. Rather than being afraid of nces, and letting this fear hold you back, it is important to ACT ! To make or you to do so, it can be helpful to remind yourself that all those nces can result in untold successes and riches IF you act to make it so
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What I have learned about myself/my business-of-living this week:
Week Number 37
Thought for this week:
It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently.
Warren Buffe
Comment:
When you act in accord with positive values, you establish a reputation of honesty and reliability. Remembering to be in integrity with yourself and your positive values, allows you to be at peace within yourself and to enjoy positive regard.
To do this week:

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What I have learned about myself/my business-of-living this week:	1
Week Number 38	
Thought for this week:	
You are never too old to set another goal or to dream a new dream.	
Les	Brown
Comment:	
Again, remain aware not to use anything as an excuse. Too many people use circumstances, background, etc., as excuses. Take care NOT to fall into that it is restrictive and impedes your success! Make it your motto: I affirm success!	t trap -
To do this week:	

	o you by http://thelifecoachdr.com — Achieve Your Potential! © Marlene Shiple, Ph.D., THE LIFE COACH DR. 2017
What I have le	earned about myself/my business-of-living this week:
Week Number	39
Thought for th	is week:
I couldn't wait fo	or success, so I went ahead without it.
	Jonathan Winter
Comment:	
Camatina aa way	have to just do it and wait around! The a mistales to wait until ve
	have to just do it — not wait around! It's a mistake to wait until yo a about everything. Just take the plunge, get the feedback that
	ng so, and continue to refine your approach until success is you
To do this wee	k:
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Br	Brought to you by http://thelifecoachdr.com — Achieve Your Potential © Marlene Shiple, Ph.D., THE LIFE COACH DR. 2017						
What I	have lea	irned ab	out mys	elf/my b	ousiness-	of-living th	nis week:

Week Number 40

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Thou	ull	IUI	LIIIS	WEE	n.
	3,				

The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.

Marcel Proust

Comment:

Sometimes things are right in front of you. I've worked with people who have huge knowledge, but say, "I can't think of any hobbies to start, of any products to create, of anything to do." They are so immersed in trying to find something "out there" to pursue, that they don't look straight in front of them – or inside them – where their skills and talents lie. Examine what you have done to date, your skills and talents and see how they could help you expand your life.

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What I have learr	ned about myse	lf/my busine	ss-of-living th	ıs week:
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What I have learr	ned about myse	lf/my busine	ss-of-living th	eek:
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What I have learr	ned about myse	lf/my busine	ss-of-living th	

Week Number 41

Week Number 41
Thought for this week:
Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us
Marianne Williamso
Comment:
This is one of my favourite quotes! I like it so much because it is so powerful. Experiment: Read this at least five times — to seal it deeply in your mind — and then reflect on it yourself How can you put this into effect in your life?
To do this week:
What I have learned about myself/my business-of-living this week:

Week Number 42

Thoug	ht for	this v	week:

Each problem has hidden in it an opportunity so powerful that it literally dwarfs the problem. The greatest success stories were created by people who recognized a problem and turned it into an opportunity.

Joseph Sugarman

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I urge you to take this to heart. What experience have you had where you found a solution to a problem? Could others be interested in this solution? Think about how your experience with the problem and the solution might have happened to anyone. Could this be something of incredible value that you have to share? How might you begin to share it?

To do this v	veek:			
What I have	e learned about	myself/my b	usiness-of-livi	ng this week
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What I have	e learned about	myself/my b	usiness-of-livi	ng this week

Week Number 43

Thought for this week:	Thoug	ht fo	r this	week:
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If you have the will to win,	you have achieved	I half of your succe	ss; if you don't,
you have achieved half you	ır failure		

David Ambrose

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Believe you can do it and you are half way there. Only by believing, can you achieve fully. So, believe that you can succeed and you will. Believe you are going to fail and you will. No matter what: You get to be right! Belief is powerful, so, use it wisely. How do you want to direct your belief for YOUR life? How do you want to create your life to be?

To do this week:				
What I have learn	ed about my	self/my bus	iness-of-living	this week:

Week Number 44

Thought for this week:

Daring ideas are like chessmen moved forward; they may be beaten, but they may
start a winning game.
Johann Wolfgang von Goethe

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ou never know what you might start: When you make a start, an event takes lace. From this event, we get feedback, from that feedback we learn and grow .
o do this week:
/hat I have learned about myself/my business-of-living this week:

Week Number 45

Thought for this week:

A smile and a laugh are the duct tape of life; they can fix anything.

	M. Wallace
Comment:	
Laughter really does help. Laughter adds to the experience of living and more enjoyment. When you smile and laugh others, will smile and laugh It's contagious! You change the energy in a room — the energy within y and the energy of others — simply by laughing or smiling.	h with you.
To do this week:	
What I have learned about myself/my business-of-living this w	vook:
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Wook Number 46	
Week Number 46	
Thought for this week:	a alai aya it
Don't ever give up on a dream due to the amount of time it will take to The time will pass anyway.	achieve it.

Direc	Ebsen	
RIISS		

Comment:

Yes, time passes, so there is benefit to using it wisely. If your dream is going to take 4 years to accomplish, so be it. 'better get started! Those same four years will pass, with or without you moving towards your dream. When you choose to act in favor of realizing your dream, at the end of those 4 years, you'll be enjoying your dream.

To do this week:					
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Veek Number 47		nysen/my	business-o	r-living thi	

Thought for this week:

You are a lot better than you think you are.

David J. Schwartz

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Many people think negatively about themselves. They don't give themselves credit for what they do. They feel they are "ok" or "not bad at their job". Few say, "I'm really good!" Experiment: Say this each day this week — "Yes I am really good!" Repeat it at least every hour; and find one or two things to praise yourself about each time. How do you feel? What else do you notice?

To do this week:	
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What I have learned about myself/my business-of-living this w	eek:
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	<u> </u>
Week Number 48	,
Thought for this week:	
It is not the mountain we conquer, but ourselves.	
Edn	nund Hillary

Comment:

What you learn by achieving the goal you have set is important, but what you learn about yourself in the process is even <u>more</u> important. Personal insights that you might derive include – learning how you operate, learning what you like, learning what you don't like. How can you use these insights to enhance your **success**?

To do this week:	
	_
What I have learned about myself/my business-of-living thi	is week:
Week Number 49	
Thought for this week:	
If you want something, don't wish for it, work for it. Life is too short	t to wait.
	Stephen Hines

Comment:

To make your goals a reality, you have to work and take action. Those who just wish, waste their days away. Wishing implies that someone else will make things happen. Only **you** can make your future happen, only **you** can take action! What can you get started today?

To do	this week:	
What	I have learned about myself/my business-of-living this we	ek:
		_
		_

Week Number 50

Thoug	ht	for	this	week:
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The challenges of life lay within our minds. It is not in our capabilities that we lack, but in our imaginations and dreams that we falter.

Gabe Arnold

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Your mindset is very important. "If you believe you can, you will; if you believe you can't, it's also true," as Henry Ford said. The mindset of belief is essential — you must believe you can do it. If you believe you can, you get it done!

To do this week:			
What I have learned abou	ut myself/my	business-of-liv	ing this week:

Week Number 51

Week Number 52

Thought for this week:
Winners make commitments; losers make promises
Mohd Dzuleq
Comment:
Commit to doing things, don't make and break promises. Remember Yoda (fron Star Wars) said, "There is no try, there is only do and not do." This is powerful! Dany people say they will "try" to do something. However trying allows for failu When you commit and say you will do something, you have no option but to do
To do this week:
What I have learned about myself/my business-of-living this week:

52

Consider the postage stamp.	It secures	success	through	its ability	to '	stick to	one
thing until it gets there							

Josh Billings

Comment:

What more can be said? Be a postage stamp — stick to one thing — namely, your main goal — and don't give up until you get there. Of course, keep wide focus — this allows you to spot opportunities that relate to what you are doing and what helps you be successful while doing it.

/hat I have le	arned abo	ut myself,	my busine	ss-of-living	this wee

Greetings,

This is Dr. Marlene Shiple, The Life Coach Dr., and I'm writing today to address a personal message to you.

First of all, I hope you enjoy this 2017 Weekly Planner!

My sincere wish is that you use it to help you create SUCCESS attaining the goals you most desire! It has been my delight preparing it for you.

Using the ideas that are keynoted for each week can propel you to making 2017 the year that you made a turn-around in your life. Using the stimulus ideas for each week can boost you on your way to making your Goals, your Reality. It is my fond hope that you choose this route for **your** life!

If you feel that you could use additional help and support, I want you to recognize that I am here to help you. Life Coaching is a powerful technique that is goal-focused and works to help you develop new tools and resources for success.

If you'd like to investigate Life Coaching – and find out if it is for you! – please contact me at (602) 266 – 6662?

In the meantime, until our journeys come together again, I wish you ABUNDANT SUCCESS on Your Path!

Sincerely,

Marlene Shiple, Ph.D.

Marlene Shiple Ph. D.

The Life Coach Dr.