



Life Coaching SUCCESS:

Personalized Coaching Blueprint

Your Unique, Individualized Roadmap for Your
Journey to Life Coaching SUCCESS

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Lesson IV:

What do you need to do to accomplish Goal (b)? _____

When will you get started on Goal (b)? _____ (soonest possible date)

What happened when you started on Goal (b):

Date of completion of Goal (b): _____.

Would you like to Boost your Progress 300% faster?

=> Use Self-Hypnosis 3x DAILY

To further Rocket you to Success do so, read the following resource materials **and** take notes of the information that is most applicable to you. By taking notes, you personalize the facts and clarify their application to you:

Resources:

1. Eliminate Procrastination
2. Reducing Stress
3. Holmes-Rahe?
4. 10' repetitions of Affirmations