



# Life Coaching SUCCESS:

## Personalized Coaching Blueprint

Your Unique, Individualized Roadmap for Your  
Journey to Life Coaching SUCCESS

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**Lesson III:**

Re-state your desired outcomes into specific, behavior-oriented Goals

- a.
- b.
- c.

What do you need to do to accomplish Goal (a)? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When will you get started on Goal (a)? \_\_\_\_\_ (soonest possible date)

What happened when you started on Goal (a):

Date of completion of Goal (a): \_\_\_\_\_.

Would you like to Boost your Progress 300% faster?  
=> Use Self-Hypnosis 3x DAILY

To further Rocket you to Success do so, read the following resource materials **and** take notes of the information that is most applicable to you. By taking notes, you personalize the facts and clarify their application to you:

1. A.T.T.R.A.C.T.
2. Specific, Behavior-oriented Goals
3. Journal
4. 10' repetitions of Affirmations