

**THE LIFE COACH DR.
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3030 N. 3rd St., Suite #200
Phoenix, AZ 85012**

**INFORMED CONSENT FOR
PROFESSIONAL & PERSONAL COACHING**

General Information:

Date:

Client Name:	Birthdate:
Address:	City, State, Zip:
Contact Phone:	Contact Phone #2:
Sought Therapy/Coaching in Past?:	Health Conditions:
Contact E-mail Address:	Medications Now Taking:
Contact Person:	Prior Hospitalizations:
Contact Person's Phone:	

Professional & Personal Coaching: What It Is:

Corporate/Executive and Personal Life Coaching is a relationship between the coach and the client. It is a relationship characterized by growing and mutual appreciation and respect for one another as individuals.

The coach relates to the client as a partner. Together, the client and the coach choose the focus and desired outcomes of their work. The client does not relinquish responsibility for creating and maintaining these; the coach does not take full responsibility for them.

Coaching is designed to provide clients with a greater capacity to produce results and greater confidence in their ability to do so. It is intended to foster independence in the client's own ability to rely on himself/herself.

Coaching is for the person who wants to move toward higher functioning. It is designed to support the client to achieve excellence while creating an extraordinary life, improve their learning and performance and enhance their quality of life.

While engaging in the coaching process the client WILL work. That work is directed and guided by the coach to support the client in producing maximum results and success. The goal of that work is specifically what the client has determined s/he wants to have created in her/his life.

Coaching is engaged on a fee-for-service. This cost is in accord with the conditions and requirements detailed in the contract, which has been accepted by both client and coach.

Coaching is not magic. It is work! Both the client and coach work TOGETHER to design the quality of life desired by the client, then in implementing this into reality. Sometimes, when change is occurring, situations can appear to be getting worse. Should this occur, dealing with it in productive ways is to be understood by both client and coach as a focal point of the coaching.

Professional & Personal Coaching: What It Is Not:

First and foremost, Professional & Personal Coaching does not focus on regression to release past blocks. It is a helping relationship, in which the Coach listens and guides; the client uses that guidance to make changes for the better in his/her life. The purpose and function of the Professional & Personal Coach is not to be an authority or an expert. The Coach makes requests; the client determines what s/he suggestions and advice s/he follows ... and uses that advice to create new resources and habits in his/her life.

The Coach does not GUARANTEE the client's results. What the Coach does is to support the client in creating the goals that the client desires. Coaching is not free; it is engaged on a fee-for-service. The details of this cost have already been spelled out in the initial contact with this client.

Confidentiality:

Confidentiality and protection of the coaching interaction is a requirement for both parties. Both parties agree that all data, investigations and work completed during the course of these life-coaching sessions will remain confidential. No information or materials will be shared with outside sources regarding the work of either party, except with prior written permission.

Cooperation:

It is assumed that both parties will be in full cooperation with each other in regards to the above named objectives for this project. Neither party will withhold important information that would benefit the project, nor will either party act in any manner that would interfere with facilitation of the project in a timely manner.

Modifications & Evaluations:

Either party may modify this contract at any time that it becomes apparent that modification is needed. The coach agrees to advise and influence ideas and actions; however, the client is the final decision-maker. Both parties agree to re-evaluate this contract every 4 months.

Electronic Communication:

I understand that electronic communication (FAX, email, text, etc) is not reliable and not protected (unless encrypted). Hence, if I have something important to communicate, I will make contact with Dr. Shiple by telephone to insure that the communication is, in fact, received.

Client Signature (Typing your name and dating
this form comprises your signature)

Date

Life Coach Signature

Date